Alternatives For Children

www.alternativesforchildren.org

WEEK OF THE YOUNG CHILD RED • GREEN • YELLOW • BLUE

Week of the Young Child is held each year at Alternatives For Children to recognize young children, and thank our teachers, therapists, and program staff and all those who make a difference in young children's lives. Young children and their families depend on high-quality education and care, which help children get a great start and bring lasting benefits. At Alternatives For Children the Week of the Young Child is a time to recognize the importance of early learning and early literacy, and to celebrate the teachers and policies that bring early childhood education to young children.



Alternatives For Children Cardio Circuit Introduced During Celebration of Week of the Young Child



WOYC Theme - Health & Fitness For Families

Recognizing that obesity, lack of exercise, child fitness concerns, and healthy eating issues are hot topics, Alternatives For Children chose the theme **Health & Fitness For Families** to celebrate the Week of the Young Child. Three healthy initiatives have been introduced to our families in an April activity calendar.

These initiatives are:

- 1. Alternatives For Children is encouraging all of our families to find 15 minutes to a 1/2 hour every day to WORK OUT! Families have been given the same fun-filled Cardio Circuit the children will be doing each day at school.
- 2. Alternatives For Children is encouraging all our families to replace some of the juice and/or soda they drink with WATER. 2-6 year olds should drink 4-5 cups of water a day. For adults, it is recommended that we drink eight 8 ounce glasses of water a day.
- Alternatives For Children is encouraging all our families to try some new - never before tried Fruits & Veggies.

Join with us in a Healthier Future for your Family! Check out Choose My Plate.gov www.choosemyplate.gov/supertracker-tools/daily-food-plans.html and our April Family Activity Calendar www.alternatives4children.org/news/pdfs/april%20calendar.pdf

Thank you Kristen Reichling-Khan Registered Dietitian at Mather Memorial Hospital and Daycare parent for your parent presentation Food & Nutrition Tips for Your Family's Health





Alternatives for Children

Mission Statement

To provide the highest quality special and regular education programs and services to children with disabilities and typically developing peers. Education, medical, pediatric rehabilitation, and support services are integrated to ensure the comprehensive needs of the child and family are met.

> 14 Research Way East Setauket, NY 11733 631-331-6400 Preschool Programs Child Day Care Early Intervention Services Universal Pre-K Administrative Office

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Executive Director Marie E. Ficano, Ed.D.

Board of Trustees Vincent O'Leary, Chairman Joseph Dempsey, Esq. – Secretary James Buzzetta Frederic Mendelsohn, MD Michael Russell Tina VanVort, Esq.

Alternatives For Children Message from our Executive Director

So many exciting things going on in our classrooms and therapy areas in Aquebogue, East Setauket, Melville and Southampton as witnessed by the pictures in our Spring Newsletter. Everyday I am amazed at the knowledge, dedication, perseverance and creativity that our teachers and therapeutic staff exhibit in providing the necessary programs and services that our children require. All of this under increasing regulatory demands and the accompanying paperwork that goes along with those demands.

Join with me in giving a wholehearted "Job Well Done" to our staff.

Of course, none of this could be accomplished without YOUR support. Please keep in mind that the programs and services we provide for the children are publicly funded; and I know I don't need to tell you what that means. 92% of all our fundraising efforts and your donations go directly to programming for the children.

We rely on people like you to *Make A Difference* in the lives of our children. I invite you to - come have some fun at our 9th Annual Golf Outing - donate a Gift Card/Certificate for our Golf Outing Chinese Auction - give an App Store Gift Card to support iPads in the classroom - make a one time donation. It's all for the children!



marie E. Ficano, Ed.D.

Thank you for your continuing support!

Learning Happens Here!



Alternatives For Children East Setauket Child Day Care Distinguished Artist Alumni



Bella Ospitale in front of her artwork hung at the Imagine Gallery Port Jefferson, September 2013

Vivian Wan 10/12/13



From the sketchbook of six-year old artist Vivian Wang – October 2013

Bella Ospitale, a fourth-grader at Arrowhead Elementary School in Setauket and Valerie Wang, a six-year old from Setauket have two things in common; their love of art and the fact that they are both alumni of Alternatives For Children's East Setauket Child Day Care Center.



Alternatives For Children – Tending our Garden and Blooming Artists – Musicians – Authors



Family Education Rights and Privacy Act

Alternatives for Children will work together with families to answer any questions and help access information needed

Each year, Alternatives for Children is required to notify parents of their rights under the Family Educational Rights and Privacy Act regulations (FERPA) to:

•Inspect and review the student's educational records.

•Seek amendment to the student's educational records that the parent believes to be inaccurate, misleading or otherwise in violation of the student's privacy rights.

•Consent to disclosure of personally identifiable information contained in the student's education records.

Alternatives for Children will comply with a request for access to records within 45 days of a received request and respond to reasonable requests for explanations and interpretations of records. If a parent believes the education records relating to the student contain information that is inaccurate, misleading or in violation of the student's rights of privacy, he or she may ask Alternatives for Children to amend the record.

For More Information on FERPA and your rights as parents visit our website www.alternatives4children.org/confidentiality-parents-rights.html http://www.ed.gov/policy/gen/guid/fpco/ferpa/index.html





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ALTERNATIVES FOR CHILDREN PARENTS AS READING PARTNERS

Each year Alternatives For Children celebrates literacy through our Parents As Reading Partners program. PARP is a collaborative effort between parents and staff in which we endeavor to build a reading partnership between the home and school. Through PARP, parents are encouraged to read with their children for at least 15 minutes a day.





Studies show that children who read at home are better prepared to succeed in formal education. PARP is aimed at involving parents in the essential task of helping their child become lifelong readers.

This Martin Luther King Day Miss Caroline's class celebrated their diversity and asked What makes the world fun? Many kinds of people, not just one!





If you have never watched the Alternatives For Children Southampton rendition of Lady Gaga's hit "Born This Way" now's the time! Music Therapist Lee Morris instilled in her students a valuable life lesson; *I'm beautiful in my way*, and I was born this way! For their end of the year song, all the children, those with disabilities and their typically developing peers, sang *Born This Way*, with adapted lyrics, and used American Sign Language to make this song their own.

Watch this and other Alternatives For Children videos at <u>www.alternatives4children.org/videos-alternatives-for-children.html</u>

Alternatives For Children Southampton March 3rd – Happy Birthday Dr. Seuss

"Can you say, Happy Birthday, Dr. Seuss?" asked Jennifer Ronca, bilingual teacher at Alternatives For Children Southampton - "Yes, you can!" And, yes they did! Maybe not on a boat, nor with a goat, but the children in the Transitional Bilingual program celebrated Dr. Seuss's birthday in style wearing their *Cat in the Hat* hats and eating *Green Eggs and Ham*.

Using the easily recognized and much loved characters from Dr. Seuss books, teachers at Alternatives For Children incorporate FUN learning activities to foster the development of early pre-reading and preliteracy skills. While the attainment of these skills are important for all children, the importance of early literacy skill development in a child's dominant language, in this case Spanish, is crucial.



*"*You're never too old, too wacky, too wild, to pick up a book and read with a child."





It's about developing a love of reading, and our teachers do it every day

Alternatives For Children Aquebogue Celebrates St Patrick's Day

In order to celebrate St. Patrick's Day in style there are a few essentials you need. What leprechaun would be complete without a beard and hat? The children, using their fine motor scissor skills created magical leprechaun disguises so that they could try and fool the tricky classroom leprechaun.

Once their costumes were in place, it was time to get ready for the gold coin treasure hunt. Not just any treasure hunt, of course; an end-of-the-rainbow hunt for the pot of gold!

The children also enjoyed a visit from a father who came not as a leprechaun but as a Mystery Reader, and shared a magical leprechaun story.



On St Patrick's day in Aquebogue, the children leave their shoes in the hallway, and a leprechaun sneaks into the school to put gold coins and treats in their shoes.





Christine Lennon and Melanie Fitzgerald of Alternatives For Children Southampton had *Napping Critters* an informative sing-along-song that focuses on cold-blooded hibernators published in Mailbox, The Idea Magazine for Preschool Teachers

Napping CrittersSung to the tune of "Are You Sleeping"Frog is sleeping(fold hands against cheek)Frog is sleeping(pat the floor)In the ground,(pat the floor)Wonder when he'll come out.(Throw hands out to sides)Wonder when he'll come out.(Throw hands out to sides)

In the spring, In the spring. (Clap to the beat)

Continue with the following: turtle, snake, toad



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Alternatives For Children is a not-for-profit, 501 (c)(3) organization registered with the NYS Charities Bureau. All donations are tax-deductible in accordance with current IRS charitable giving Bottles of Wine are needed to fill out our Gift Baskets Contact Susan Ennis at 331–6400 ext 229



14 Research Way East Setauket, NY 11733 Phone 631-331-6400 www.alternativesforchildren.org

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Providing the highest quality special and regular education programs and services to children with disabilities and their typically developing peers.

SEEN AROUND THE HALLS AT ALTERNATIVES FOR CHILDREN



Mart Ja

Charlie on the Cardio Circuit getting ready to Leap Like a Frog



We dressed up as our favorite Book Characters for Parents As Reading Partners



A passel of peculiarly pleasant penguins pervaded our passageways

We had a visit from a Dental Hygienist



Finally - SPRING!



My son has advanced in so many skills at Alternatives For Children. We are so proud of the progress he has made. We are thrilled with the attention our son receives. He loves going to school. The teachers are amazing!